Set positive and realistic expectations

“I believe that contact lenses will give you the visual freedom that you are looking for. My goal is to meet most of your visual needs most of the time with the contact lenses. By partnering your contact lenses with eyeglasses, all of your vision needs can be met all of the time.”

Benefits of GP bifocal and multifocal contact lenses:
- Maximum vision
- Ease of lens care and handling
- Lower long term costs
- Excellent eye health
- Long term comfort
- Longer lens life

All contact lenses that correct presbyopia have limitations such as:
- An initial adaptation period to the lens and vision
- The fitting process may require a lens change
- Possible reduced vision in low lighting
- Occasional need for reading glasses for prolonged near work

Choose a motivated patient
Consider past contact lens experience, Rx, pupil size, lid position and recommend the best option. An explanation of fees, follow-up visits, anticipated success rate, warranty and cancellation policies will help you determine the patient's level of motivation.

Use words a patient can understand
Words such as aspheric, segmented, translating are confusing. Consider using easy explanations such as:
“The lenses are similar to bifocal or no-line spectacle lenses. When you look down to read, the lenses shift so you can see up close.”

Educate the patient
Discuss adaptation, appropriate wear and care schedules, and explain the proper reading technique.

Make a recommendation
Long explanations of options are confusing. Patients want to know what they think is best for them.

Patient Friendly Terminology
- GP lenses or gas permeable lenses instead of hard, rigid or RGP lenses
- Lens awareness instead of hurt or pain
- Bifocal or multifocal contact lenses instead of segmented, alternating, translating, aspheric or simultaneous vision lenses
- Lens shifts up instead of translates
- Fine tune the lens parameters instead of tweak
- Apply and remove instead of insert and remove or I&R
- Diagnostic lenses, diagnostic fitting or fitting evaluation instead of trial lenses or trial fitting
- Refer to lens and fitting fees instead of cost or price

For a list of presbyopic GP lens options visit www.gpli.info
Correcting Presbyopia

Why do I need help with reading?

What are my contact lens options?

How do the contact lenses work?

For more information visit www.contactlenses.org